

An introduction to Progress Rounds and Progress Awards

Background

Progress Awards is an award scheme run by the sport's governing body, Archery GB.

Archers shoot 36 arrows in ends of 6 arrows (3 indoors). The total score is assessed against published tables according to the archer's age group, their bowtype, the distance and the size of the target face. Some worked examples of how the tables work can be found below and copies of the tables (for recurve, barebow and compound) are at the end of this document.

The awards from White through Black, Blue, Red to Gold indicate increasing proficiency. The award of Gold is only obtainable outdoors due to the distance needed (60 yards/metres or higher for girls, 80 yards/70 metres or higher for boys).

At Cleve during the Indoor season from November to March, Juniors tend to shoot a Progress Round at a 60cm target from 20 yards (18m) using 10-zone scoring. Outdoors (April to October) rounds can be more varied with different sized targets and varied distances in yards or metres.

NB: Before shooting a 36-arrow round and thinking it will qualify for the Progress Scheme, please check the coloured scoring charts (more on this below) to ensure that the combination of your age, bowstyle, distance, scoring system (5- or 10-zone) and size of target face are compatible with you being able to win a badge. For example, shooting at 10m at a 122cm face using 10-zone scoring is not compatible for anyone, whereas shooting at 10yards at a 122cm face using 5-zone scoring is compatible but only for the U10s (white to red badge) and U12s (white to blue badge). If in doubt, ask for help.

Progress rounds **do not** count towards your Handicaps and Classifications. To improve on these, you will need to shoot formal rounds as recognised by Archery GB.

Awarding of Badges

A badge colour can only be claimed once irrespective of age group or bowstyle.

The official Rules state that “...*missed colours may be claimed when a junior archer moves up an age group*”. In practice, therefore, an archer claiming a White and then a Red whilst shooting U14 would need to wait until they shoot as an U16 to be able to claim Black or Blue.

Since 1st September 2015, I have relaxed this rule. The reason I have done this is because we have had a number of new archers who, within a matter of weeks following their beginner’s course, have obtained a high-colour (Blue or Red) badge. What this means is that these archers could then have to wait many months (years even) before being eligible to claim a lower colour. This, to me, is a disincentive.

From 1st September 2015, therefore, an archer who has already ‘won’ a high colour will immediately be eligible for lower colours with their next shoot. In other words, you will not have to wait until you move up an age group.

For the very good archers, this may well mean that you accumulate a full set of badges (or at least White to Red) very quickly. If this happens, then you may wish to concentrate on other schemes such as your handicap and classifications by shooting formal rounds.

How do the scoring charts work ?

At the end of this document, you will find three charts, one each for recurve (red chart), compound (yellow chart) and barebow/longbow (green chart).

The following example uses the red (recurve) chart, but they all work in the same way.

1. First, an example that we might find when shooting Indoors.
2. Let us start off looking at the chart about three-quarters of the way down on the left-hand side. Here you will see a line which says “*60cm Face – 10 zone scoring*”. This tends to be the size of face and scoring system that we use Indoors for the Progress rounds.

3. Below that sub-heading, you will see two lines of numbers. The top one says “20y/18m” and the second one says “25m”. These numbers refer to the distance that the target is set at. In our case, we tend to shoot from 20 yards, so we want the “20y/18m” line. The difference between 20 yards and 18 metres is only a matter of 29cm so it is treated the same.
4. If you now look at the whole line, you will see that it is split into 5 chunks (with 8 boxes in each chunk). Each chunk of 8 boxes relates to an Age Category. If you look near the top of the chart you will see these Age Categories (Under 18, Under 16 etc..). You can also see the Key Stage numbers from school if that helps !
5. Underneath the Age Categories, you will see the line is split into 4 – the colours of the Badges that can be won from White to Red.
6. Underneath the ‘Colours’ line you will see a line that is repeatedly split into JL and JG for each colour. JL means Junior Lady and JG means Junior Gentleman.
7. Now, for this example, let us assume our archer is Under 16.
8. So, we go back to near the bottom of the chart and look at the “20y/18m” line which we were looking at a minute ago, and now look at the chunk relating to the U16 Age Category. You will see 8 numbers in boxes. These are the scores you need to get for each Badge depending on whether you are a Girl or Boy.

So, for the case of an U16 archer [shooting at a 60cm face at 20yards (or 18 metres)] he or she would need the following scores for each badge;

BOY: White – 182; Black – 236; Blue – 268; Red – 293

GIRL: White – 164; Black – 212; Blue – 242; Red – 270

9. The rest of the chart works in exactly the same way.
10. So as another example, if our Under 16 archer were shooting Outdoors at a 122cm target, using 5-zone scoring and shooting at 50 yards, he or she would need;

BOY: White – 80; Black – 154; Blue – 200; Red – 250
GIRL: White – 68; Black – 132; Blue – 170; Red – 213

As you can see, there are rather more scoring combinations Outdoors.

11. For those archers who are really good, there is a Gold badge to be won but this can only be done Outdoors due to the distance involved. The chart which shows the scores needed is right at the bottom of the page. The scores are not dependant on age in this case. To get a Gold badge a BOY would need;

122cm face, 5 zone scoring at 100 yards: Score of 234
122cm face, 5 zone scoring at 80 yards: Score of 264
122cm face, 10 zone scoring at 90 metres: Score of 255
122cm face, 10 zone scoring at 70 metres: Score of 287

and a GIRL would need;

122cm face, 5 zone scoring at 80 yards: Score of 240
122cm face, 5 zone scoring at 60 yards: Score of 276
122cm face, 10 zone scoring at 70 metres: Score of 266
122cm face, 10 zone scoring at 60 metres: Score of 285

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